

Applied Psychology, BA

The BA in Applied Psychology provides students with an understanding of the biological, behavioral, emotional, and cognitive factors influencing human health and well-being. Students develop writing and communications skills and apply research methods and analytic techniques to advance their own research. The program is a series of courses centered on developing students' understanding of the determinants of health, theories and practices related to ameliorating mental health problems, and promoting health and wellness. Each student is required to complete a core course sequence including courses in biology, health sciences, and applied psychology. Core courses include research methods in preparation for a final problem-based capstone project that addresses a community health issue and its relationship to a student's chosen area of specialization in applied psychology.

Academic Policies and Procedures

Please visit Bouvé College of Health Sciences Undergraduate page (<https://catalog.northeastern.edu/undergraduate/health-sciences/>) for academic policies and procedures, including Academic Appeals (<https://catalog.northeastern.edu/undergraduate/academic-policies-procedures/academic-appeals-policies-procedures/>).

Please visit Bouvé College Learning Outcomes (<https://bouve.northeastern.edu/learning-outcomes/>) for the specific student learning outcomes for this program.

Program Requirements

- Concentrations and course offerings may vary by campus and/or by program modality. Please consult with your advisor or admissions coach for the course availability each term at your campus or within your program modality.
- Certain options within the program may be *required* at certain campuses or for certain program modalities. Please consult with your advisor or admissions coach for requirements at your campus or for your program modality.

Complete all courses listed below unless otherwise indicated. Also complete any corequisite labs, recitations, clinicals, or tools courses where specified and complete any additional courses needed beyond specific college and major requirements to satisfy graduation credit requirements.

Universitywide Requirements

All undergraduate students are required to complete the Universitywide Requirements (<https://catalog.northeastern.edu/undergraduate/university-academics/university-wide-requirements/>).

BA Language Requirements

All BA students are required to complete the BA degree language requirements, for a total of 12 semester hours of language study or demonstrated equivalent proficiency, as described in Additional Requirements for BA students (<https://catalog.northeastern.edu/undergraduate/university-academics/nupath/ba-requirements/>). Successful demonstration of proficiency does not reduce total minimum semester hours of study required to earn the BA degree.

NUpath Requirements

All undergraduate students are required to complete the NUpath Requirements (<https://catalog.northeastern.edu/undergraduate/university-academics/nupath/>).

Core Requirements

Code	Title	Hours
CAEP 1290	Personal Behavior Change	4
CAEP 2012	Health Psychology: An Introduction	4
CAEP 2101	Behavioral Assessment and Treatment of Health Problems in the 21st Century	4
CAEP 2106	History and Systems of Psychology	4
CAEP 4525	Introduction to Professional Psychology	4
HLTH 2100	Interprofessional Ethics for Individual and Population Health	4
HLTH 5410 or PHTH 2210	Introduction to Statistics in Health and Behavioral Science Foundations of Biostatistics	3
HLTH 5450	Healthcare Research	4

Science Requirements

Code	Title	Hours
Introduction to Psychology		
PSYC 1101	Foundations of Psychology	4
Biology Options		
Complete one of the following options:		8-10
<i>Option 1</i>		
BIOL 1143 or BIOL 1141	Biology and Society Microbes and Society	
BIOL 1147	The Human Organism	
<i>Option 2</i>		
BIOL 1111 and BIOL 1112	General Biology 1 and Lab for BIOL 1111	
BIOL 1113 and BIOL 1114	General Biology 2 and Lab for BIOL 1113	

Other Major Requirements

Code	Title	Hours
Introduction to College		
HSCI 1000	College: An Introduction	1
Writing Courses		
ENGW 1111	First-Year Writing	4
ENGW 3306	Advanced Writing in the Health Professions	4
Experiential Learning		
Select one of the following options:		1-4
<i>Option 1: Co-op</i>		
Students may choose to complete one or multiple six-month co-op experiences during their course of study. Students must consult with their advisor and complete prerequisite HSCI 2000 if participating in co-op. HSCI 2000 is only required once.		
COOP 3945 or COOP 3946 or COOP 3947 or COOP 3948	Co-op Work Experience Co-op Work Experience—Half Time Co-op Work Experience Abroad—Half Time Co-op Work Experience Abroad	
HSCI 2000	Professional Development for Bouvé Co-op	
<i>Option 2: Course Approved for NUPath Integrating Knowledge and Skills Through Experience</i>		
Any course(s) designated with NUPath attribute EX, including courses used to fulfill other requirements of this program		

Major Electives

Code	Title	Hours
Complete major electives from the list below. Other courses may be proposed in consultation with your academic advisor. Students may complete additional courses to fulfill a minor, such as early intervention, health psychology, and mindfulness studies.		
Mindfulness and Practice		
CAEP 1280	Introduction to Mindfulness	
CAEP 2280	The Yoga Tradition in Nepal: Philosophy, Methods, and Practice ¹	
CAEP 2290	The Yoga Tradition: Philosophy, Methods, and Practice	
HLTH 5002	Mindfulness: Theory and Practice ²	
Behavior Analysis		
CAEP 5330	Applied Animal Behavior Analysis ²	
Mental Health		
CAEP 2105	College Student Mental Health	
Early Intervention		
CAEP 5150	Early Intervention: Family Systems ²	
CAEP 5151	Early Intervention: Infant and Toddler Development, Risk, and Disability ²	
Social Behaviors		
CAEP 3000	Contemporary College Student Activism	

CAEP 3310	Say It Loud: The Black Power Movement and Higher Education
CAEP 3899	Relationships in College
CAEP 4505	Human Sexuality
Counseling	
CAEP 2991	Research in Counseling and Applied Educational Psychology
CAEP 3480	Counseling Theories and Practice
CAEP 3485	Mental Health and Counseling
School Psychology	
CAEP 2107	Introduction to School Psychology
CAEP 2460	Special Education
CAEP 2899	Introduction to College Student Development and Student Affairs
CAEP 3200	Childhood Adversity and College Attainment
CAEP 4511	Assessment, Program Planning, and Implementation in Special Education
Public Health	
Any PHTH courses in the 1000–4999 range	
Health Science—Interdisciplinary	
Any HLTH courses in the 1000–4999 range	

Capstone Requirement

Code	Title	Hours
HSCI 4740	Health Science Capstone Seminar	4
or HSCI 4720	Health Science Capstone—Service	
or HSCI 4730	Health Science Capstone—Research	

Optional Advanced Applied Psychology Courses

Code	Title	Hours
Students interested in advanced applied psychology coursework can refer to the recommended courses below. Up to 16 semester hours may apply toward a PlusOne MS degree. Please consult with your academic advisor for more information.		
CAEP 5877	Research Methods in Applied Psychology	
Applied Behavior Analysis		
CAEP 6326	Behavioral Concepts and Principles	
CAEP 6327	Behavior Assessment	
CAEP 6328	Single-Case Research Design	
CAEP 6329	Ethics for Behavior Analysts	
Child, Adolescent, and Family Psychology		
CAEP 5878	Pediatric Psychology	
CAEP 5879	Trauma and Mental Health	
Prevention Science		
CAEP 5876	Mental Health Education and Program Planning	
Educational-School Psychology		
CAEP 6203	Understanding Culture and Diversity	
CAEP 6206	Learning Principles	
CAEP 6218	Infant, Child, and Adolescent Development	
CAEP 6247	Child and Adolescent Psychopathology	

¹ Dialogue of Civilization course.

² Courses at the 5000 and 6000 level may only be taken by students with junior and senior status.

Applied Psychology Major Requirement

For students seeking to apply CAEP 5000–CAEP 6999 courses to a PlusOne pathway to a master's program, a B or higher is required.

Program Requirements

Minimum of 128 semester hours required

Plan of Study**Sample Plan of Study: Four Years, 0 Co-ops (Option 1 of Science Requirement)**

Year 1					
Fall	Hours	Spring	Hours	Summer Full Semester	Hours
BIOL 1143		4 BIOL 1147		4 Vacation	
CAEP 2012		4 CAEP 2106		4	
Introductory language course		4 ENGW 1111		4	
PSYC 1101		4 Elementary language course		4	
HSCI 1000		1			
		17			0
Year 2					
Fall	Hours	Spring	Hours	Summer Full Semester	Hours
CAEP 1290		4 Elective (EX)		4 Vacation	
CAEP 2101		4 Major elective		4	
Intermediate language course		4 Elective		4	
HLTH 2100		4 Elective		4	
		16			0
Year 3					
Fall	Hours	Spring	Hours	Summer Full Semester	Hours
ENGW 3306		4 CAEP 4525		4 Vacation	
Major elective		4 HLTH 5450		4	
Elective		4 Elective		4	
Elective		4 Elective		4	
		16			0
Year 4					
Fall	Hours	Spring	Hours		
HLTH 5410 or PHTH 2210		3 HSCI 4740		4	
Elective		4 Elective		4	
Elective		4 Elective		4	
Elective		4 Elective		4	
		15			16

Total Hours: 128

Sample Plan of Study: Four Years, Two Co-ops in Spring/Summer 1 (Option 1 of Science Requirement)

Year 1							
Fall	Hours	Spring	Hours	Summer 1	Hours	Summer 2	Hours
BIOL 1143		4 BIOL 1147		4 Elective		4 Elective	4
CAEP 2012		4 CAEP 2106		4 Elective		4	
Introductory language course		4 ENGW 1111		4			
PSYC 1101		4 Elementary language course		4			
HSCI 1000		1					
		17			16	8	
Year 2							
Fall	Hours	Spring	Hours	Summer 1	Hours	Summer 2	Hours
HSCI 2000		1 Co-op		0 Co-op		0 Elective	4
CAEP 1290		4 Elective		4		Elective	4
CAEP 2101		4					

