

# Health and Counseling

## 24-hour Mental Health Support

Mental health support is available at any time from any location through Find@Northeastern for all full-time degree-seeking students. Call 877.233.9477 (U.S.), 855.229.8797 (Canada), or +1.781.457.7777 (International) to connect with a mental health clinician who is there to listen, guide, and help. In addition, through Find@Northeastern, students have access to unlimited free counseling sessions with therapists in their local area, connection to specialized treatment providers, and free access to Headspace and SilverCloud. Learn more here (<https://www.northeastern.edu/uhcs/find-at-northeastern/>).

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### BOSTON

University Health and Counseling Services (<https://www.northeastern.edu/uhcs/>)  
70 Forsyth Building, Suite 135, Boston MA 02115  
617.373.2772  
[uhcs@northeastern.edu](mailto:uhcs@northeastern.edu)

University Health and Counseling Services provides medical and mental healthcare for students in Massachusetts. UHCS clinicians are board-certified and licensed practitioners who provide confidential assessment and treatment of medical and mental health concerns, as well as referrals to specialists in the local Boston area. Visit UHCS (<https://www.northeastern.edu/uhcs/>) for more information, including access to care, NUSHP, medical leave of absence, and timely health updates.

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### OAKLAND

Counseling and Psychological Services (<https://oakland.northeastern.edu/student-resources/health-and-wellness/counseling-and-psychological-services/>)  
Cowell Building, Oakland, CA 94613  
510.430.2111  
[oakland-counseling@northeastern.edu](mailto:oakland-counseling@northeastern.edu)

Counseling and Psychological Services provides mental health support for students on the Oakland campus. Located in the Cowell Building, CAPS offers brief therapy, groups, outreach services, and referrals to supportive resources. Visit CAPS (<https://oakland.northeastern.edu/student-resources/health-and-wellness/counseling-and-psychological-services/>) for more information, including additional mental health resources available through Find@Northeastern.

Student Health Center (<https://www.millscollege.clinic/>)  
CPM 117, Oakland, CA 94613  
510.431.1108

The Student Health Center provides on-campus confidential healthcare to students enrolled at Mills at Northeastern University. Services offered include primary and preventive care, basic treatment for illnesses and injuries, laboratory and pharmacy services, and referrals to specialty care and imaging services. The Student Health Center is an outpatient clinic staffed by a board-certified and licensed nurse practitioner and supported by a team that includes a board-certified physician.